The active nutrition consumer...

...demands active lifestyle solutions

World Health Organization (WHO) recommends moderate to vigorous intensity physical activity



minutes per week minutes per day

Inactive per week

Fairly active 30 - 149 minutes per week

Fairly active

children

Raising the bar on Active Nutrition





Energy & endurance 25%

64% (Hydrate and Refuel)



11%

Body building



Weight management

Benefits of exercising

Whether the activity is carried out or not, consuming the right balance of nutrients is important for everyone: if you are a bodybuilder, a professional athlete or you are simply exercising to improve your health, sports nutrition plays a key role in optimizing the beneficial effects of the training sessions.



Magnesium an active nutrition ally



- Respiratory function
- Maintenance of normal muscle and nerve function

...is key to maintaining an active lifestyle



The solution

Magnesium supplementation has been widely recommended however it is hard to obtain a highly concentrated magnesium source which is also bioavailable.

MAGSHA microcapsules

Concentrated source of magnesium for an active lifestyle

Characterization **Benefits**

0,8

0,6

Angle of repose/100 (*)

Rheological parameters comparison

Compressibility Index Mass flowrate (g/s)

Tapped density (g/ml) Bulk density (g/ml) Magnesium Oxide Powder MAGSHAPE[™] microcapsules MAGSHAPE[™] microcapsules **outperforms** unencapsulated magnesium oxide Its properties including pleasant taste, good flowability and compressibility, make MAGSHAPE™ microcapsules an ideal

magnesium source for nutraceutical

products.

Technology

Improves the muscular function

better performance

alleviates fatique

Boosts energy levels for a

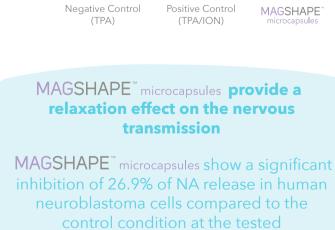
Helps to relax and address /

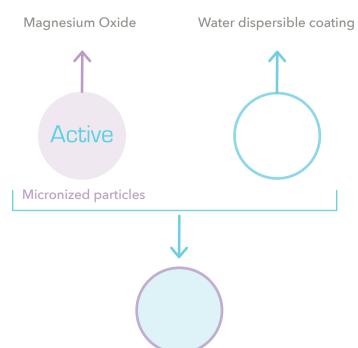
Provides vitality and stress relief

Efficacy

In vitro-Inhibition of NA release

Noradrenaline (NA) release (%) 40 20





Control

120

100

80

60

concentration. In vitro-Muscular function improvement 25000 20000 15000

Arbritary Units (a.u.) 25000 15000 10000 5000 Time (s)

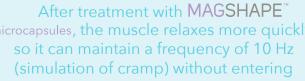
MAGSHAPE microcapsules

Time (s) MAGSHAPE[™] microcapsules **improve** muscular function thanks to its relaxation capacity



Encapsulated Magnesium

Capsules, tablets, chewable pills and orosoluble powders.



microcapsules, the muscle relaxes more quickly, tetanic contraction.